FRITZ SICK LEISURE CENTRE SCHEDULE

SEPTEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30am - 2pm Facility Hours	6:30am - 2pm Facility Hours	6:30am - 2pm Facility Hours	6:30am - 2pm Facility Hours	6:30am - 2pm Facility Hours		
6:30am - 1pm Lane Swim	6:30am - 1pm Lane Swim	6:30am - 1pm Lane Swim	6:30am - 1pm Lane Swim	6:30am - 1pm Lane Swim		
8am - 9am Aqua Jog	9am - 10am Aqua Jog	8am - 9am Aqua Jog	9am - 10am Aqua Jog	8am - 9am Aqua Jog	9am - 12pm *Swim Lessons	9am - 6:30pm Private Rental Space Available
9am - 10am Senior Aqua Fit	10am - 11am Aqua Zumba	9am - 10am Senior Aqua Fit	10am - 11am Aqua Zumba	9am - 10am Senior Aqua Fit		
12pm - 1pm Aqua Fit		10am - 11am Rental AHS		10am - 11am Rental AHS	12pm - 6:30pm Private Rental Space Available	
		12pm - 1pm Aqua Fit		12pm - 1pm Aqua Fit		
1pm - 2pm Senior Swim	1pm - 2pm Senior Swim	1pm - 2pm Senior Swim	1pm - 2pm Senior Swim	1pm - 2pm Senior Swim		
5pm - 7pm Rental Spartans Swim Club	5pm - 7pm Rental Spartans Swim Club	5pm - 7pm Rental Spartans Swim Club	5pm - 7pm Rental Spartans Swim Club	5pm - 7pm Rental Spartans Swim Club		

Schedule Notes

Labour Day - September 4th, 2023 - **CLOSED**

Fall 2023 Lessons - September 23rd - November 25th

Private Rentals - Visit RecEx.ca/Lethbridge to view our Birthday and Event Bookings.

Fritz Sick Pool
420 - 11 St S
403-320-3109

RecEx.ca/Lethbridge
Leth@recreationexcellence.com

RecEx Recreation Excellence
"Serious about fun"