

NICHOLAS SHERAN LEISURE CENTRE SCHEDULE

SEPTEMBER 4 - 17, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
11:30am - 8:30pm Open Gym & Hot Tub	9am - 9:30pm Open Gym & Hot Tub	11:30am - 8:30pm Open Gym & Hot Tub	9am - 9:30pm Open Gym & Hot Tub	9am - 8pm Open Gym & Hot Tub	12pm - 6:30pm Open Gym & Hot Tub	1pm - 5pm Open Gym & Hot Tub
	9am - 10am Aqua Fit		9am - 10am Aqua Fit	9am - 10am Aqua Fit		
	9am - 10am Swim & Splash		9am - 10am Swim & Splash			
	10am - 12pm Open Swim		10am - 12pm Open Swim	10am - 11:30pm Open Swim		
11:30am - 12:30pm Aqua Fit	11:30am - 12:30pm Rental AHS	11:30am - 12:30pm Aqua Fit	11:30am - 12:30pm Rental AHS	11:30am - 1pm Lane Swim	12pm - 1pm Lane Swim	
11:30am - 1:30pm Swim & Splash	12pm - 1:30pm Lane Swim	12:30pm - 1:30pm Lane Swim	12pm - 1:30pm Lane Swim	11:30am - 1pm Swim & Splash		
12:30pm - 1:30pm Lane Swim	12pm - 1:30pm Swim & Splash	12:30pm - 1:30pm Lane Swim	12pm - 1:30pm Swim & Splash			
1:30pm - 3pm Open Swim	1:30pm - 3pm Open Swim	1:30pm - 3:30pm Open Swim	1pm - 3:30pm Open Swim	1pm - 2pm Rental AHS	1pm - 2:30pm Family Swim	1pm - 2pm Lane Swim
3pm - 4pm Rental AHS	3pm - 4pm Senior Swim		3pm - 4pm Senior Swim	2pm - 4pm U18 Rec Swim		
4pm - 5:30pm Lane Swim	3:30pm - 4:30pm Rental AHS	3:30pm - 5:30pm Lane Swim	4pm - 5:30pm Lane Swim		2:30pm - 5:30pm Open Swim	2pm - 4pm Open Swim
4pm - 5:30pm Leisure Swim	4pm - 5:30pm Lane Swim	3:30pm - 5:30pm Leisure Swim	4pm - 5:30pm Swim & Splash	4pm - 5:30pm Lane Swim		
4:30pm - 5:30pm Leisure Swim	5:30pm - 8pm Open Swim		5:30pm - 8pm Open Swim			
5:30pm - 7pm Open Swim		5:30pm - 7pm Open Swim		5:30pm - 7pm Open Swim	5:30pm - 6:30pm Lane Swim	4pm - 5pm Lane Swim
7pm - 7:45pm Aqua Fit		7pm - 7:45pm Aqua Fit		7pm - 8pm Lane Swim		
7:45pm - 8:30pm Lane Swim	8pm - 8:45pm Aqua Zumba	7:45pm - 8:30pm Lane Swim	8pm - 8:45pm Aqua Fit	7pm - 8pm Leisure Swim		
	8:45pm - 9:30pm Lane Swim		8:45pm - 9:30pm Lane Swim			

Schedule Notes

Labour Day - September 4th, 2023 - CLOSED

Fall 2023 Lessons - September 18th - November 25th

Private Rentals - Visit RecEx.ca/Lethbridge to view our Birthday and Event Bookings.