

STAN SIWIK LEISURE CENTRE SCHEDULE

SEPTEMBER 18 - 30, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9am - 9:30pm Open Gym & Hot Tub	11:30am - 9pm Open Gym & Hot Tub	9am - 9:30pm Open Gym & Hot Tub	11:30am - 9pm Open Gym & Hot Tub	9am - 8:30pm Open Gym & Hot Tub	12pm - 7pm Open Gym & Hot Tub	1pm - 4pm Open Gym & Hot Tub
9am - 10:15am Lane Swim		9am - 10:15am Lane Swim		9am - 10:15am Lane Swim	9am - 12pm *Swim Lessons	
10:30am - 11:30am Aqua Jog		10:30am - 11:30am Aqua Jog		10:30am - 11:30am Aqua Jog		
11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim		
11:15am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash	11:15am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash			
1pm - 3pm Open Swim	1pm - 4pm Open Swim	1pm - 3pm Open Swim	1pm - 4pm Open Swim	1pm - 2:30pm Open Swim	12pm - 2pm Open Swim	1pm - 3pm Open Swim
3pm - 4pm Senior Swim		3pm - 4pm Senior Swim		2:30pm - 4:30pm U18 Rec Swim	2pm - 3pm Lane Swim	3pm - 4pm Lane Swim
4pm - 7pm *Swim Lessons	4pm - 7pm *Swim Lessons	4pm - 7pm *Swim Lessons	4pm - 7pm *Swim Lessons	4:30pm - 5:30pm Lane Swim	3pm - 6pm Open Swim	
7pm - 7:45pm *Adult Swim Lessons		7pm - 7:45pm *Adult Swim Lessons		5:30pm - 7pm Open Swim	6pm - 7pm Lane Swim	
7pm - 8pm Open Swim	7pm - 7:45pm Aqua Jog	7pm - 8pm Open Swim	7pm - 7:45pm Aqua Jog	7pm - 7:45pm Aqua Jog	6pm - 7pm Leisure Swim	
8pm - 8:45pm Aqua Fit	7:45pm - 9pm Lane Swim	8pm - 8:45pm Aqua Fit	7:45pm - 9pm Lane Swim	7:45pm - 8:30pm Lane Swim		
8:45pm - 9:30pm Lane Swim	7:45pm - 9pm Leisure Swim	8:45pm - 9:30pm Lane Swim	7:45pm - 9pm Leisure Swim	7pm - 8:30pm Leisure Swim		

Schedule Notes

Fall 2023 Lessons - September 18th - November 25th

Private Rentals - Visit RecEx.ca/Lethbridge to view our Birthday and Event Bookings.

Stan Siwik Pool
1901 15 Ave N
403-320-3054

RecEx.ca/Lethbridge
Leth@recreationexcellence.com

