

# STAN SIWIK LEISURE CENTRE SCHEDULE

## AUGUST 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30am - 9pm Open Gym & Hot Tub	6:30am - 8:30pm Open Gym & Hot Tub	6:30am - 9pm Open Gym & Hot Tub	6:30am - 8:30pm Open Gym & Hot Tub	6:30am - 8:30pm Open Gym & Hot Tub	1pm - 7pm Open Gym & Hot Tub	1pm - 5pm Open Gym & Hot Tub
6:30am - 9am Lane Swim	6:30am - 9am Lane Swim	6:30am - 9am Lane Swim	6:30am - 9am Lane Swim	6:30am - 9am Lane Swim		
	8am - 9am Aqua Jog		8am - 9am Aqua Jog			
9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm		
10:30am - 11:30am Aqua Jog	10:30am - 11:30am Aqua Jog	10:30am - 11:30am Aqua Jog	10:30am - 11:30am Aqua Jog	10:30am - 11:30am Aqua Jog		
*Swim Lessons	*Swim Lessons	*Swim Lessons	*Swim Lessons	*Swim Lessons		
11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim		
12pm - 1pm Swim & Splash	12pm - 1pm Swim & Splash	12pm - 1pm Swim & Splash	12pm - 1pm Swim & Splash	12pm - 1pm Swim & Splash		
1pm - 2:30pm Open Swim	1pm - 3:30pm Open Swim	1pm - 2:30pm Open Swim	1pm - 3:30pm Open Swim	1pm - 2pm Senior Swim	1pm - 2pm Lane Swim	1pm - 2pm Lane Swim
2:30pm - 3:30pm Senior Swim		2:30pm - 3:30pm Senior Swim		2pm - 3:30pm U18 Rec Swim	2pm - 3:30pm Family Swim	2pm - 4pm Open Swim
3:30pm - 6:30pm *Swim Lessons	3:30pm - 6:30pm *Swim Lessons	3:30pm - 6:30pm *Swim Lessons	3:30pm - 6:30pm *Swim Lessons	3:30pm - 6:30pm *Swim Lessons	3:30pm - 5pm Open Swim	4pm - 5pm Lane Swim
6:30pm - 8pm Open Swim	6:30pm - 7pm Leisure Swim	6:30pm - 8pm Open Swim	6:30pm - 7pm Leisure Swim	6:30pm - 8:30pm Open Swim	5pm - 6pm Toonie Swim	
8pm - 9pm Lane Swim	7pm - 7:45pm Aqua Jog	8pm - 9pm Lane Swim	7pm - 7:45pm Aqua Jog	7pm - 7:45pm Aqua Jog	6pm - 7pm Lane Swim	
8pm - 9pm Leisure Swim	7:45pm - 8:30pm Lane Swim	8pm - 9pm Leisure Swim	7:45pm - 8:30pm Lane Swim			

### Schedule Notes

**Civic Holiday** - August 7th - **CLOSED**

**Fall Lesson Registration** - August 8th 9:00am

**Summer Lessons Session 3** - July 31st - August 11th (No Lessons August 7th)

**Summer Lessons Session 4** - August 14th - August 25th

**Private Rentals** - Visit [RecEx.ca/Lethbridge](http://RecEx.ca/Lethbridge) to view our Birthday and Event Bookings.

**Stan Siwik Pool**

1901 15 Ave N  
403-320-3054

[RecEx.ca/Lethbridge](http://RecEx.ca/Lethbridge)  
[Leth@recreationexcellence.com](mailto:Leth@recreationexcellence.com)

