

Nicholas Sheran fall 2023 lessons

Nicholas Sheran Swimming Lessons

Fall 2023

September 18 to November 25

No Lessons October 9 and November 11

Registration begins
August 8th 2023
at 9:00am

Parent & Tot Programs (4 mos - 2.9 yrs old)				Course Name	Code	Day	Timeslot	Course Name	Code	Day	Timeslot	
Parent & Tot 1 (Red Cross Starfish) (4 mos - 18 mos) \$58.00				Pre-School 3/4 (Red Cross Crocodile) \$58.00	17587	Mon	4:00-4:30pm	Swimmer 3 (Red Cross Swim Kids 4 & 5) \$58.00	17674	Mon	5:00-5:30pm	
17531 Mon 4:30-5:00pm					17592	Mon	6:30-7:00pm		17676	Mon	5:30-6:00pm	
17533 Tues 10:45-11:15am					17590	Tues	5:00-5:30pm		17679	Tues	4:00-4:30pm	
17535 Tues 5:30-6:00pm					17593	Tues	6:30-7:00pm		17565	Tues	5:00-5:30pm	
17536 Wed 4:30-5:00pm					17591	Wed	4:00-4:30pm		17683	Tues	6:30-7:00pm	
17532 Thurs 5:30-6:00pm					17594	Wed	6:30-7:00pm		17644	Wed	4:30-5:00pm	
17530 Sat 10:00-10:30am					17588	Thurs	9:15-9:45am		17682	Wed	5:30-6:00pm	
17534 Sat 11:30-12:00pm					17589	Thurs	5:00-5:30pm		17673	Thurs	4:00-4:30pm	
					17595	Thurs	6:30-7:00pm		17677	Thurs	4:30-5:00pm	
					17596	Fri	9:15-9:45am		17684	Thurs	6:30-7:00pm	
Parent & Tot 2/3 (Red Cross Duck/Sea Turtle) (18 mos - 2.9 y) \$58.00				Pre-School 5 (Red Cross Whale) \$58.00	17600	Thurs	6:00-6:30pm	Swimmer 4 (Red Cross Swim Kids 6) \$58.00	17686	Mon	6:00-6:30pm	
17538 Mon 5:00-5:30pm					17602	Thurs	6:30-7:00pm		17692	Mon	6:30-7:00pm	
17542 Tues 4:30-5:00pm					17601	Sat	9:30-10:00am		17690	Tues	4:00-4:30pm	
17543 Wed 5:00-5:30pm									17691	Wed	6:00-6:30pm	
17537 Thurs 10:45-11:15am									17693	Wed	6:30-7:00pm	
17540 Thurs 4:30-5:00pm									17687	Thurs	4:00-4:30pm	
17544 Fri 10:45-11:15am									17688	Sat	9:00-9:30am	
17539 Sat 9:00-9:30am									17689	Sat	10:00-10:30am	
17541 Sat 11:00-11:30am									17694	Thurs	5:00-5:30pm	
									17695	Sat	10:30-11:00am	
Pre-School Programs (3yrs - 5.9 yrs old)				School Age Programs (6yrs - 14 yrs old)								
Pre-School 1 (Red Cross Sea Otter & Salamander) \$58.00				Swimmer 1 (Red Cross Swim Kids 1) \$58.00	17633	Mon	4:30-5:00pm	Swimmer 5 (Red Cross Swim Kids 7) \$62.50	17698	Tues	5:45-6:30pm	
17701 Mon 4:00-4:30pm					17702	Mon	4:30-5:00pm		17697	Thurs	5:45-6:30pm	
17549 Mon 4:30-5:00pm					17636	Mon	6:00-6:30pm		17696	Sat	11:15am-12:00pm	
17550 Mon 5:00-5:30pm					17647	Mon	6:30-7:00pm		Swimmer 6 (Red Cross Swim Kids 8) \$62.50	17603	Mon	4:00-4:30pm
17551 Mon 5:30-6:00pm					17642	Tues	5:00-5:30pm			17604	Mon	4:30-5:00pm
17546 Tues 9:15-9:45am					17643	Tues	5:30-6:00pm			17605	Mon	5:00-5:30pm
17552 Tues 9:45-10:15am					17650	Tues	6:00-6:30pm			17606	Mon	5:30-6:00pm
17563 Tues 4:00-4:30pm					17651	Wed	4:00-4:30pm			17607	Mon	6:00-6:30pm
17564 Tues 4:30-5:00pm					17646	Wed	4:30-5:00pm			17608	Mon	6:30-7:00pm
17680 Tues 4:30-5:00pm					17681	Wed	5:00-5:30pm			17609	Tues	4:00-4:30pm
17572 Tues 5:00-5:30pm				17645	Wed	6:00-6:30pm	17610	Tues		4:30-5:00pm		
17566 Tues 5:30-6:00pm				17648	Wed	6:30-7:00pm	17611	Tues		5:00-5:30pm		
17567 Tues 6:00-6:30pm				17634	Thurs	5:00-5:30pm	17612	Tues		5:30-6:00pm		
17575 Tues 6:30-7:00pm				17638	Thurs	5:30-6:00pm	17613	Tues	6:00-6:30pm			
17568 Wed 4:00-4:30pm				17639	Sat	9:00-9:30am	17614	Tues	6:30-7:00pm			
17569 Wed 4:30-5:00pm				17649	Sat	9:30-10:00am	17615	Wed	4:00-4:30pm			
17570 Wed 5:00-5:30pm				17635	Sat	10:00-10:30am	17616	Wed	4:30-5:00pm			
17571 Wed 5:30-6:00pm				17706	Sat	10:30-11:00am	17617	Wed	5:00-5:30pm			
17547 Thurs 9:45-10:15am				17640	Sat	11:00-11:30am	17618	Wed	5:30-6:00pm			
17553 Thurs 10:15-10:45am				17641	Sat	11:30-12:00pm	17619	Wed	6:00-6:30pm			
17554 Thurs 4:00-4:30pm							17620	Wed	6:30-7:00pm			
17555 Thurs 4:30-5:00pm				Swimmer 2 (Red Cross Swim Kids 2 & 3) \$58.00	17652	Mon	4:00-4:30pm	17621	Thurs	4:00-4:30pm		
17556 Thurs 5:00-5:30pm					17655	Mon	5:00-5:30pm	17622	Thurs	4:30-5:00pm		
17557 Thurs 5:30-6:00pm					17656	Mon	5:30-6:00pm	17623	Thurs	5:00-5:30pm		
17558 Thurs 6:00-6:30pm					17657	Mon	6:00-6:30pm	17624	Thurs	5:30-6:00pm		
17573 Fri 9:45-10:15am					17668	Mon	6:30-7:00pm	17625	Thurs	6:00-6:30pm		
17574 Fri 10:15-10:45am					17663	Tues	4:30-5:00pm	17626	Thurs	6:30-7:00pm		
17548 Sat 9:00-9:30am					17662	Tues	6:00-6:30pm	17627	Sat	9:00-9:30am		
17559 Sat 9:30-10:00am					17669	Tues	6:30-7:00pm	17628	Sat	9:30-10:00am		
17560 Sat 10:30-11:00am					17664	Wed	4:00-4:30pm	17629	Sat	10:00-10:30am		
17561 Sat 11:00-11:30am					17665	Wed	5:00-5:30pm	17630	Sat	10:30-11:00am		
17562 Sat 11:30-12:00pm				17666	Wed	5:30-6:00pm	17631	Sat	11:00-11:30am			
				17667	Wed	6:00-6:30pm	17632	Sat	11:30am-12:00pm			
				17668	Wed	6:30-7:00pm	Adult Programs \$65.50 (14 yrs & older)					
Pre-School 2 (Red Cross Sunfish) \$58.00				17670	Wed	6:30-7:00pm	Adult 1	\$65.50	17528	Tues	7:00-7:45pm	
17576 Mon 5:30-6:00pm				17658	Thurs	4:30-5:00pm	Adult 2/3	\$65.50	17529	Thur	7:00-7:45pm	
17580 Mon 6:00-6:30pm				17653	Thurs	6:00-6:30pm						
17578 Tues 10:15-10:45am				17671	Thurs	6:30-7:00pm						
17582 Tues 4:00-4:30pm				17660	Sat	9:30-10:00am						
17583 Wed 5:30-6:00pm				17654	Sat	10:00-10:30am						
17584 Wed 6:00-6:30pm				17672	Sat	10:30-11:00am						
17577 Thur 4:00-4:30pm				17659	Sat	11:00-11:30am						
17579 Sat 9:30-10:00am				17661	Sat	11:30-12:00pm						
17585 Sat 10:00-10:30am												
17581 Sat 10:30-11:00am												
17586 Sat 11:30am-12:00pm												

Nicholas Sheran Pool: 401 Laval Blvd W
403-320-3046

To register online go to lethbridge.ca/swimming or recex.ca/lethbridge