

# FRITZ SICK LEISURE CENTRE SCHEDULE

# SEPTEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Facility Hours</b> 6:30am - 2pm	<b>Facility Hours</b> 6:30am - 2pm	<b>Facility Hours</b> 6:30am - 2pm	<b>Facility Hours</b> 6:30am - 2pm	<b>Facility Hours</b> 6:30am - 2pm	<b>Facility Hours</b> CLOSED	<b>Facility Hours</b> CLOSED
6:30am - 1pm  Lane Swim	6:30am - 1pm  Lane Swim	6:30am - 1pm  Lane Swim	6:30am - 1pm  Lane Swim	6:30am - 1pm  Lane Swim		
8am - 9am Power Jog		8am - 9am Power Jog		8am - 9am Aqua Jog		
9am - 10am Aqua Fit	9am - 10am Aqua Jog	9am - 10am Aqua Fit	9am - 10am Aqua Jog	9am - 10am Aqua Fit	12pm - 6:30pm  Private Rental Space Available	9am - 6:30pm  Private Rental Space Available
	10am - 11am Aqua Zumba	10am - 11am Rental AHS	10am - 11am Aqua Zumba	10am - 11am Rental AHS		
12pm - 1pm Aqua Fit		12pm - 1pm Aqua Fit		12pm - 1pm Aqua Fit		
1pm - 2pm Senior Swim	1pm - 2pm Senior Swim	1pm - 2pm Senior Swim	1pm - 2pm Senior Swim	1pm - 2pm Senior Swim		
5pm - 7pm Rental Spartan's Swim Club	5pm - 7pm Rental Spartan's Swim Club	5pm - 7pm Rental Spartan's Swim Club	5pm - 7pm Rental Spartan's Swim Club	5pm - 7pm Rental Spartan's Swim Club		

## Schedule Notes

### Holiday Hours

#### Labour Day

September 2, 2024 - **CLOSED**

Henderson Pool - September 2, 2024 **OPEN (1pm - 7pm)**

\*Weather Permitting\*

### Swimming Lessons

For more information on swimming lessons, visit [RecEx.ca/Lethbridge](http://RecEx.ca/Lethbridge).

### Events

Visit [RecEx.ca/Lethbridge](http://RecEx.ca/Lethbridge) to view private rentals event bookings.