FRITZ SICK LEISURE CENTRE SCHEDULE

OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Facility Hours 6:30am - 2pm	Facility Hours 6:30am - 2pm	Facility Hours 6:30am - 2pm	Facility Hours 6:30am - 2pm	Facility Hours 6:30am - 2pm	Facility Hours CLOSED	Facility Hours CLOSED
6:30am - 1pm Lane Swim	6:30am - 1pm Lane Swim	6:30am - 1pm Lane Swim	6:30am - 1pm Lane Swim	6:30am - 1pm Lane Swim	9am - 6:30pm Private Rental Space Available	9am - 6:30pm Private Rental Space Available
8am - 9am Power Jog	9am - 10am Aqua Jog	8am - 9am Power Jog	9am - 10am Aqua Jog	8am - 9am Aqua Jog		
9am - 10am Aqua Fit	10am - 11am Aqua Zumba	9am - 10am Aqua Fit	10am - 11am Aqua Zumba	9am - 10am Aqua Fit		
		10am - 11am Rental AHS		10am - 11am Rental AHS		
12pm - 1pm Aqua Fit		12pm - 1pm Aqua Fit		12pm - 1pm Aqua Fit		
1pm - 2pm Senior Swim	1pm - 2pm Senior Swim	1pm - 2pm Senior Swim	1pm - 2pm Senior Swim	1pm - 2pm Senior Swim		
5pm - 8pm Rental Spartan's Swim Club	5pm - 8pm Rental Spartan's Swim Club	5pm - 8pm Rental Spartan's Swim Club	5pm - 8pm Rental Spartan's Swim Club	5pm - 8pm Rental Spartan's Swim Club		

Schedule Notes

Holiday Hours

TBA

Swimming Lessons

For more information on swimming lessons, visit RecEx.ca/Lethbridge.

Events

Annual Shutdown

November 4 - February 28

(Date is subejct to change)

**November 1, 2024 will be the last day of operation.*

Fritz Sick Pool
420 11 St S
403-320-3109

RecEx.ca/Lethbridge
leth@recreationexcellence.com

RECREATION EXCELLENCE
"Serious about fun"