

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8am - 8:30pm Open Gym & Hot Tub	8am - 9:30pm Open Gym & Hot Tub	8am - 8:30pm Open Gym & Hot Tub	8am - 9:30pm Open Gym & Hot Tub	8am - 8pm Open Gym & Hot Tub	12pm - 6:30pm Open Gym & Hot Tub	1pm - 5pm Open Gym & Hot Tub
8am - 9am Lane Swim	8am - 9am Lane Swim	8am - 9am Lane Swim	8am - 9am Lane Swim	8am - 9am Lane Swim		
8am - 10am Swim & Splash		8am - 10am Swim & Splash				
9am - 10am Aqua Fit	9am - 10am Aqua Fit	9am - 10am Aqua Fit	9am - 10am Aqua Fit	9am - 10am Aqua Fit	9am - 12pm Swim Lessons	
10am - 11:30am Open Swim	10am - 11:30am Open Swim	10am - 11:30am Open Swim	10am - 11:30am Open Swim	10am - 11:30am Open Swim		
	9:15am - 11:15am Swim Lessons		9:15am - 11:15am Swim Lessons	9:15am - 11:15am Swim Lessons		
11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim	11:30am - 1pm Lane Swim		
11:30pm - 1:30pm Swim & Splash	11:30pm - 1:30pm Swim & Splash	11:30pm - 1:30pm Swim & Splash	11:30pm - 1:30pm Swim & Splash	11:30am - 12:30pm Rental AHS		
	11:30am - 12:30pm Rental AHS					
	*Shared Pool Space		*Shared Pool Space			
1:30pm - 3pm Open Swim	1:30pm - 3pm Open Swim	1:30pm - 4pm Open Swim	1:30pm - 3pm Open Swim	1pm - 2pm Rental AHS	12pm - 1pm Lane Swim	11am - 1pm Private Rental Space Available
				2pm - 3:30pm Open Swim	12pm - 1pm Swim & Splash	
3pm - 4pm Rental AHS	3pm - 4pm Senior Swim		3pm - 4pm Senior Swim		1pm - 2:30pm Family Swim	1pm - 2pm Lane Swim
	3:30pm - 4:30pm Rental AHS					1pm - 2pm Swim & Splash
4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons		2:30pm - 5:30pm Open Swim	2pm - 4pm Open Swim
*HOT TUB & SAUNA CLOSED DURING LESSONS 4PM - 7PM						
	7pm - 7:45pm Adult Lessons		7pm - 7:45pm Adult Lessons			
7pm - 7:45pm Aqua Fit	7pm - 8pm Open Swim	7pm - 7:45pm Aqua Fit	7pm - 8pm Open Swim	5:30pm - 7pm Open Swim		
7:45pm - 8:30pm Lane Swim		7:45pm - 8:30pm Lane Swim				
	8pm - 8:45pm Aqua Zumba		8pm - 8:45pm Aqua Fit	7pm - 8pm Lane Swim		
	8:45pm - 9:30pm Lane Swim		8:45pm - 9:30pm Lane Swim	7pm - 8pm Leisure Swim		
					6:30pm - 8:30pm Private Rental Space Available	

Schedule Notes

Holiday Hours

Thanksgiving Day

October 14, 2024 - **CLOSED**

Stan Siwik - OPEN

Holiday Programming 1pm - 5pm

Swimming Lessons

Fall Lessons September 16 - November 23

No Lessons - October 12 & 14

No Lessons - November 9 & 11

For more information on swimming lessons, visit RecEx.ca/Lethbridge.

Events

Visit RecEx.ca/Lethbridge to view private rentals event bookings.