

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9am - 9:30pm Open Gym & Hot Tub	11:30am - 9pm Open Gym & Hot Tub	9am - 9:30pm Open Gym & Hot Tub	11:30am - 9pm Open Gym & Hot Tub	9am - 8:30pm Open Gym & Hot Tub	12pm - 7pm Open Gym & Hot Tub	1pm - 4pm Open Gym & Hot Tub
9am - 10:15am Lane Swim		9am - 10:15am Lane Swim		9am - 10:15am Lane Swim	9am - 12pm Swim Lessons	
9:15am - 11:15am Swim Lessons		9:15am - 11:15am Swim Lessons		9:15am - 11:15am Swim Lessons		
10:30am - 11:30am Aqua Jog		10:30am - 11:30am Aqua Jog		10:30am - 11:30am Aqua Jog	*HOT TUB & GYM CLOSED DURING LESSONS 9AM - 12PM*	
11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim		
11:30am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash	12pm - 2pm Open Swim	
1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 2:30pm Open Swim		1pm - 3pm Open Swim
					2pm - 3pm Lane Swim	
3pm - 4pm Senior Swim	3pm - 4pm Lane Swim	3pm - 4pm Senior Swim	3pm - 4pm Lane Swim	2:30pm - 4:30pm U18 Rec Swim	3pm - 6pm Open Swim	3pm - 4pm Lane Swim
4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4:30pm - 5:30pm Lane Swim		
*HOT TUB & GYM CLOSED DURING LESSONS 4PM - 7PM						
7pm - 7:45pm Adult Lessons		7pm - 7:45pm Adult Lessons		5:30pm - 7pm Open Swim	6pm - 7pm Lane Swim	
7pm - 8pm Open Swim	7pm - 7:45pm Aqua Jog	7pm - 8pm Open Swim	7pm - 7:45pm Aqua Jog	7pm - 7:45pm Aqua Jog		
8pm - 8:45pm Aqua Jog	7:45pm - 9pm Lane Swim	8pm - 8:45pm Aqua Jog	7:45pm - 9pm Lane Swim	7:45pm - 8:30pm Lane Swim		
8:45pm - 9:30pm Lane Swim		8:45pm - 9:30pm Lane Swim				

Schedule Notes

Holiday Hours

Thanksgiving Day

October 14, 2024 - OPEN

Holiday Programming

Open Swim 1pm - 4pm

Lane Swim 4pm - 5pm

Swimming Lessons

Fall Lessons September 23 - November 30

No Lessons - October 12 & 14

No Lessons - November 9 & 11

For more information on swimming lessons, visit RecEx.ca/Lethbridge.

Events

Visit RecEx.ca/Lethbridge to view private rentals event bookings.