

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8am - 8:30pm Open Gym & Hot Tub	8am - 9:30pm Open Gym & Hot Tub	8am - 8:30pm Open Gym & Hot Tub	8am - 9:30pm Open Gym & Hot Tub	8am - 8pm Open Gym & Hot Tub	12pm - 6:30pm Open Gym & Hot Tub	1pm - 5pm Open Gym & Hot Tub
8am - 9am Lane Swim	8am - 9am Lane Swim	8am - 9am Lane Swim	8am - 9am Lane Swim	8am - 9am Lane Swim		
8am - 10am Swim & Splash	8am - 10am Swim & Splash	8am - 10am Swim & Splash	8am - 10am Swim & Splash	8am - 10am Swim & Splash		
9am - 10am Aqua Fit	9am - 10am Aqua Fit	9am - 10am Aqua Fit	9am - 10am Aqua Fit	9am - 10am Aqua Fit		
10am - 11:30am Open Swim	10am - 11:30am Open Swim	10am - 11:30am Open Swim	10am - 11:30am Open Swim	10am - 11:30am Open Swim	10am - 12pm Private Rental Space Available	
10am - 11am Rental AHS		10am - 11am Rental AHS		10am - 11am Rental AHS		
11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim		
11:30am - 1:30pm Swim & Splash	11:30am - 1:30pm Swim & Splash	11:30am - 1:30pm Swim & Splash	11:30am - 1:30pm Swim & Splash	11:30am - 1:30pm Swim & Splash		
11:30am - 12:30pm Rental AHS	11:30am - 12:30pm Rental AHS	11:30am - 12:30pm Rental AHS	11:30am - 12:30pm Rental AHS	11:30am - 12:30pm Rental AHS		
11:30am - 12:30pm Aqua Zumba		11:30am - 12:30pm Aqua Zumba				
1:30pm - 3pm Open Swim	1:30pm - 3pm Open Swim	1:30pm - 4pm Open Swim	1:30pm - 3pm Open Swim	1:30pm - 2pm Rental AHS	1pm - 2:30pm Family Swim	11am - 1pm Private Rental Space Available
3pm - 4pm Rental AHS	3pm - 4pm Senior Swim		3pm - 4pm Senior Swim	2pm - 4pm Open Swim		1pm - 2pm Lane Swim
3:30pm - 4:30pm Rental AHS	3:30pm - 4:30pm Rental AHS					1pm - 2pm Swim & Splash
4pm - 5:30pm Lane Swim	4pm - 5:30pm Lane Swim	4pm - 5:30pm Lane Swim	4pm - 5:30pm Lane Swim	4pm - 5:30pm Lane Swim	2:30pm - 5:30pm Open Swim	2pm - 4pm Open Swim
5:30pm - 7pm Open Swim	5:30pm - 8pm Open Swim	5:30pm - 7pm Open Swim	5:30pm - 8pm Open Swim	5:30pm - 7pm Open Swim	5:30pm - 6:30pm Lane Swim	4pm - 5pm Lane Swim
7pm - 7:45pm Aqua Fit		7pm - 7:45pm Aqua Fit		7pm - 8pm Lane Swim	6:30pm - 8:30pm Private Rental Space Available	
7:45pm - 8:30pm Lane Swim	8pm - 8:45pm Aqua Zumba	7:45pm - 8:30pm Lane Swim	8pm - 8:45pm Aqua Fit	7pm - 8pm Leisure Swim		5pm - 7pm Private Rental Space Available
	8:45pm - 9:30pm Lane Swim		8:45pm - 9:30pm Lane Swim			

Schedule Notes

Holiday Hours

Christmas Eve (December 24) & New Years Eve (December 31)

Nicholas Sheran (8 am - 3 pm) & Stan Siwik (6:30 am - 3 pm)

Christmas Day (December 25)

Nicholas Sheran & Stan Siwik CLOSED

Boxing Day (December 26)

Nicholas Sheran & Stan Siwik (1 pm - 5 pm)

Swimming Lessons

Winter 2025 Lesson Registration

December 3, 2024 at 9am

For more information on swimming lessons, visit RecEx.ca/Lethbridge.

Events

Visit RecEx.ca/Lethbridge to view private rental event bookings.