

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30am - 9:30pm Gym & Hot Tub Open	6:30am - 9pm Gym & Hot Tub Open	6:30am - 9:30pm Gym & Hot Tub Open	6:30am - 9pm Gym & Hot Tub Open	6:30am - 8:30pm Gym & Hot Tub Open	12pm - 7pm Gym & Hot Tub Open	1pm - 4pm Gym & Hot Tub Open
6:30am - 8am Lane Swim	6:30am - 8am Lane Swim	6:30am - 8am Lane Swim	6:30am - 8am Lane Swim	6:30am - 8am Lane Swim		
8am - 9am Power Jog	8am - 9am Power Jog	8am - 9am Power Jog	8am - 9am Power Jog	8am - 9am Power Jog		
8am - 1pm Swim & Splash	8am - 10am Swim & Splash	8am - 1pm Swim & Splash	8am - 10am Swim & Splash	8am - 1pm Swim & Splash		
9:15am - 10:15am Lane Swim	9am - 10am Lane Swim	9:15am - 10:15am Lane Swim	9am - 10am Lane Swim	9:15am - 10:15am Lane Swim		
10:30am - 11:30am Aqua Jog	10am - 11:30am Open Swim	10:30am - 11:30am Aqua Jog	10am - 11:30am Open Swim	10:30am - 11:30am Aqua Jog	10am - 12pm Private Rental Space Available	10am - 1pm Private Rental Space Available
11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	12pm - 2pm Open Swim	1pm - 3pm Open Swim
1pm - 2:30pm Open Swim	1pm - 3pm Open Swim	1pm - 2:30pm Open Swim	1pm - 3pm Open Swim	1pm - 2pm Senior Swim		
2:30pm - 3:30pm Senior Swim	3pm - 4pm Lane Swim	2:30pm - 3:30pm Senior Swim	3pm - 4pm Lane Swim	2pm - 4:30pm Open Swim	2pm - 3pm Lane Swim	2pm - 3pm Swim & Splash
3:30pm - 5pm Open Swim	3pm - 4pm Swim & Splash	3:30pm - 5pm Open Swim	3pm - 4pm Swim & Splash		3pm - 4pm Family Swim	3pm - 4pm Lane Swim
5pm - 7pm Lane Swim	4pm - 5pm Open Swim	5pm - 7pm Lane Swim	4pm - 5pm Open Swim		4pm - 6pm Open Swim	4pm - 7pm Private Rental Space Available
5pm - 7pm Rental Spartan's Swim Club	5pm - 7pm Lane Swim	5pm - 7pm Lane Swim	5pm - 7pm Lane Swim	4:30pm - 5:30pm Lane Swim		
5pm - 7pm Rental Spartan's Swim Club	5pm - 7pm Rental Spartan's Swim Club	5pm - 7pm Rental Spartan's Swim Club	5pm - 7pm Rental Spartan's Swim Club	5:30pm - 7pm Open Swim		
7pm - 8pm Open Swim	7pm - 7:45pm Aqua Jog	7pm - 8pm Open Swim	7pm - 7:45pm Aqua Jog	6pm - 7pm Lane Swim	6pm - 7pm Leisure Swim	
8pm - 8:45pm Aqua Jog	7:45pm - 9pm Lane Swim	8pm - 8:45pm Aqua Jog	7:45pm - 9pm Lane Swim	7pm - 7:45pm Aqua Jog		
8:45pm - 9:30pm Lane Swim		8:45pm - 9:30pm Lane Swim		7:45pm - 8:30pm Lane Swim	7pm - 9pm Private Rental Space Available	

## Schedule Notes

### Holiday Hours

Christmas Eve (December 24) & New Years Eve (December 31)

Nicholas Sheran (8 am - 3 pm) & Stan Siwik (6:30 am - 3 pm)

Christmas Day (December 25)

Nicholas Sheran & Stan Siwik CLOSED

Boxing Day (December 26)

Nicholas Sheran & Stan Siwik (1 pm - 5 pm)

### Swimming Lessons

Winter 2025 Lesson Registration

December 3, 2024 at 9am

For more information on swimming lessons, visit [RecEx.ca/Lethbridge](http://RecEx.ca/Lethbridge).

### Events

Private Function

The facility will be closed to the public on **December 10th & 12th from 5pm until 7pm** due to a private event.