

# NICHOLAS SHERAN LEISURE CENTRE SCHEDULE

JUNE 1 - 29, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8am - 9pm Open Gym & Hot Tub	8am - 9:30pm Open Gym & Hot Tub	8am - 9pm Open Gym & Hot Tub	8am - 9:30pm Open Gym & Hot Tub	8am - 8pm Open Gym & Hot Tub	12pm - 6:30pm Open Gym & Hot Tub	1pm - 5pm Open Gym & Hot Tub
8am - 9am Lane Swim	8am - 9am Lane Swim	8am - 9am Lane Swim	8am - 9am Lane Swim	8am - 9am Lane Swim	9am - 12pm Swim Lessons  *HOT TUB & GYM CLOSED DURING LESSONS * 9AM - 12PM	11am - 1pm Private Rental Space Available
8am - 10am Swim & Splash	8am - 10am Swim & Splash	8am - 10am Swim & Splash	8am - 10am Swim & Splash	8am - 10am Swim & Splash		
9am - 10am Aqua Fit	9am - 10am Aqua Fit	9am - 10am Aqua Fit	9am - 10am Aqua Fit	9am - 10am Aqua Fit		
9am - 11:30am Open Swim	9am - 11:30am Open Swim	9am - 11:30am Open Swim	9am - 11:30am Open Swim	9am - 11:30am Open Swim		
10am - 11:30am Open Swim	10am - 11:30am Open Swim	10am - 11:30am Open Swim	10am - 11:30am Open Swim	10am - 11:30am Open Swim	12pm - 1pm Lane Swim	12pm - 1pm Swim & Splash
11am - 12pm Leisure Swim *Shared Pool	11am - 12pm Leisure Swim *Shared Pool	11am - 12pm Leisure Swim *Shared Pool	11am - 12pm Leisure Swim *Shared Pool	11am - 12pm Leisure Swim *Shared Pool		
11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim	1pm - 2:30pm Family Swim	1pm - 2pm Lane Swim
11:30am - 1:30pm Swim & Splash	11:30am - 1:30pm Swim & Splash	11:30am - 1:30pm Swim & Splash	11:30am - 1:30pm Swim & Splash	11:30am - 1:30pm Swim & Splash		
1:30pm - 3pm Open Swim	1:30pm - 3pm Open Swim	1:30pm - 4pm Open Swim	1:30pm - 3pm Open Swim	1:30pm - 2pm AHS ARCP	2:30pm - 5:30pm Open Swim	2pm - 4pm Open Swim
3pm - 4pm AHS ARCP	3pm - 4pm Senior Swim	3pm - 4pm Senior Swim	3pm - 4pm Senior Swim	2pm - 4pm Open Swim		
4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 5:30pm Lane Swim	5:30pm - 6:30pm Lane Swim	4pm - 5pm Lane Swim
*HOT TUB & SAUNA CLOSED DURING LESSONS 4PM - 7PM	*HOT TUB & SAUNA CLOSED DURING LESSONS 4PM - 7PM	*HOT TUB & SAUNA CLOSED DURING LESSONS 4PM - 7PM	*HOT TUB & SAUNA CLOSED DURING LESSONS 4PM - 7PM	5:30pm - 7pm Open Swim		
7:15pm - 8pm Aqua Fit	7:15pm - 8pm Aqua Fit	7:15pm - 8pm Aqua Fit	7:15pm - 8pm Aqua Fit	7pm - 8pm Lane Swim	6:30pm - 8:30pm Private Rental Space Available	5pm - 7pm Private Rental Space Available
8pm - 9pm Lane Swim	8pm - 9pm Lane Swim	8pm - 9pm Lane Swim	8pm - 9pm Lane Swim	7pm - 8pm Leisure Swim		

Please note the schedule is subject to change on a short notice. For the most up-to-date schedule visit [aquatics.lethbrige.ca](http://aquatics.lethbrige.ca)

## Holiday Hours

Canada Day - July 1, 2025  
CLOSED

Henderson Outdoor Pool  
OPEN (1pm - 7pm)

## Swimming Lessons

### Spring 2025 Lessons

Last Week of Lessons - June 16 - June 21

Summer Registration - June 3, 2025 at 9 am

For more information on swimming lessons, visit [RecEx.ca/Lethbridge](http://RecEx.ca/Lethbridge).

## Notes

Visit [RecEx.ca/Lethbridge](http://RecEx.ca/Lethbridge) to view private rental event bookings.

Nicholas Sheran Pool  
401 Laval Blvd W  
403-320-3046

[RecEx.ca/Lethbridge](http://RecEx.ca/Lethbridge)  
[leth@recreationexcellence.com](mailto:leth@recreationexcellence.com)