

STAN SIWIK LEISURE CENTRE SCHEDULE

NOVEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9am - 9:30pm Gym & Hot Tub	9am - 9pm Gym & Hot Tub	9am - 9:30pm Gym & Hot Tub	9am - 9pm Gym & Hot Tub	9am - 8:30pm Gym & Hot Tub	12pm - 7pm Gym & Hot Tub	1pm - 4pm Gym & Hot Tub
9am - 10:15am Lane Swim	9am - 10am Lane Swim	9am - 10:15am Lane Swim	9am - 10pm Lane Swim	9am - 10:15am Lane Swim	9am - 12pm Swim Lessons	
9am - 11am Swim Lessons	9am - 10am Swim & Splash	9am - 11am Swim Lessons	9am - 10am Swim & Splash	9am - 1pm Swim & Splash		
10:30am - 11:30am Aqua Jog	10am - 11:30am Open Swim	10:30am - 11:30am Aqua Jog	10am - 11:30am Open Swim	10:30am - 11:30am Aqua Jog	*HOT TUB & GYM CLOSED DURING LESSONS 9AM - 12PM*	11am - 1pm Private Rental Space Available
11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	12pm - 2pm Open Swim	
11:30am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash			
1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 2pm Senior Swim		1pm - 3pm Open Swim
3pm - 4pm Senior Swim	3pm - 4pm Lane Swim	3pm - 4pm Senior Swim	3pm - 4pm Lane Swim	2pm - 4:30pm Open Swim	2pm - 3pm Lane Swim	
4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4:30pm - 5:30pm Lane Swim	2pm - 3pm Swim & Splash	
7pm - 7:45pm Adult Swim Lessons	7pm - 7:45pm Swim Lessons	7pm - 7:45pm Adult Swim Lessons	7pm - 7:45pm Swim Lessons	5:30pm - 7pm Open Swim	3pm - 4pm Family Swim	3pm - 4pm Lane Swim
HOT TUB & GYM CLOSED DURING LESSONS 4PM - 7PM					4pm - 6pm Open Swim	4pm - 7pm Private Rental Space Available
7pm - 8pm Open Swim	7:15pm - 8pm Aqua Jog	7pm - 8pm Open Swim	7:15pm - 8pm Aqua Jog	7pm - 7:45pm Aqua Jog	6pm - 7pm Lane Swim	
8pm - 8:45pm Aqua Jog	8pm - 9pm Lane Swim	8pm - 8:45pm Aqua Jog	8pm - 9pm Lane Swim	7:45pm - 8:30pm Lane Swim	6pm - 7pm Leisure Swim	
8:45pm - 9:30pm Lane Swim		8:45pm - 9:30pm Lane Swim			7pm - 9pm Private Rental Space Available	

Schedule Notes

Holiday Hours	Swimming Lessons	Events
Remembrance Day November 11, 2025 - CLOSED	Fall Swim Lessons September 22 - November 29, 2025 No Lessons - November 11	Womens Only Swim November 28, 2:15 pm - 3:15 pm
Nicholas Sheran Pool - OPEN 1:00 pm - 5:00 pm	For more information on swimming lessons, visit RecEx.ca/Lethbridge	