



Nicholas Sheran Swimming Lessons - Spring 2026

April 13 - June 20, 2026

No Lessons May 16 & 18, 2026

Registration open on Tuesday, March 24th at 9:00am

AQUATICS

Parent & Tot Programs (4 months - 2.9 years)				Course Name	Code	Day	Timeslot	Course Name	Code	Day	Timeslot	
Parent & Tot 1 (4 - 12 months) \$62.00	Course Name	Code	Day	Timeslot	Pre-School 4 \$62.00	22577	Mon	5:00-5:30pm	Private Lessons (3 years +) \$235.00	22599	Mon	4:00-4:30pm
	22507	Mon	5:30-5:30pm	22582		Mon	6:30-7:00pm	22604		Mon	4:30-5:00pm	
	22509	Tues	11:00-11:30am	22578		Tues	10:00-10:30am	22605		Mon	5:00-5:30pm	
	22510	Tues	4:30-5:00pm	22583		Tues	4:00-4:30pm	22606		Mon	5:30-6:00pm	
	22514	Wed	5:00-5:30pm	22586		Tues	5:30-6:00pm	22633		Mon	5:30-6:00pm	
	22512	Thurs	11:00-11:30am	22579		Wed	4:30-5:00pm	22607		Mon	6:00-6:30pm	
	22508	Thurs	4:00-4:30pm	22584		Wed	6:00-6:30pm	22608		Mon	6:30-7:00pm	
	22513	Sat	9:00-9:30am	22580		Thurs	4:00-4:30pm	22600		Tues	4:00-4:30pm	
22852	Sat	10:30-11:00am	22587	Thurs	5:30-6:00pm	22609	Tues	4:30-5:00pm				
Parent & Tot 2 (1 - 2 years) \$62.00	22515	Mon	6:00-6:30pm	Pre-School 5 \$62.00	22588	Mon	5:00-5:30pm	22610		Tues	5:30-6:00pm	
	22516	Tues	10:30-11:00am		22593	Mon	6:30-7:00pm	22611		Tues	6:00-6:30pm	
	22518	Tues	5:30-6:00pm		22589	Tues	10:00-10:30am	22612		Tues	6:30-7:00pm	
	22523	Tues	6:00-6:30pm		22594	Tues	4:00-4:30pm	22601		Wed	4:00-4:30pm	
	22517	Wed	5:00-5:30pm		22597	Tues	5:30-6:00pm	22614		Wed	4:30-5:00pm	
	22522	Thurs	10:30-11:00am		22590	Wed	4:30-5:00pm	22613		Wed	5:00-5:30pm	
	22519	Thurs	5:00-5:30pm		22595	Wed	6:00-6:30pm	22635		Wed	5:30-6:00pm	
	22853	Sat	10:30-11:00am		22591	Thurs	4:00-4:30pm	22615		Wed	6:00-6:30pm	
22520	Sat	11:30-12:00pm	22598	Thurs	5:30-6:00pm	22616	Wed	6:30-7:00pm				
Parent & Tot 3 (2 - 2.9 years) \$62.00	22524	Mon	6:00-6:30pm	School Age Programs (6 years - 14 years old)	22596	Sat	11:00-11:30am	22617		Thurs	4:30-5:00pm	
	22529	Tues	10:30-11:00am		22644	Mon	4:30-5:00pm	22618		Thurs	4:30-5:00pm	
	22525	Tues	5:30-6:00pm		22645	Mon	5:30-6:00pm	22642		Thurs	4:30-5:00pm	
	22531	Tues	6:00-6:30pm		22646	Mon	6:00-6:30pm	22636		Thurs	5:00-5:30pm	
	22530	Wed	5:00-5:30pm		22647	Tues	4:00-4:30pm	22619		Thurs	5:30-6:00pm	
	22526	Thurs	10:30-11:00am		22650	Tues	5:00-5:30pm	22643		Thurs	5:30-6:00pm	
22527	Thurs	5:00-5:30pm	22651		Tues	6:00-6:30pm	22638	Thurs		6:00-6:30pm		
22528	Sat	11:30-12:00pm	22649		Wed	4:00-4:30pm	22620	Thurs		6:30-7:00pm		
Pre-School Programs (3 years - 5.9 years old)	Course Name	Code	Day		Timeslot	22652	Wed	5:00-5:30pm		22621	Thurs	6:30-7:00pm
	Pre-School 1 \$62.00	22533	Mon		4:00-4:30pm	Swimmer 1 \$62.00	22653	Wed		6:00-6:30pm	22602	Sat
		22537	Mon		5:00-5:30pm		22648	Thurs	4:30-5:00pm	22622	Sat	9:00-9:30am
		22536	Mon		6:00-6:30pm		22654	Thurs	6:30-7:00pm	22641	Sat	9:00-9:30am
		22532	Tues	9:00-9:30am	22657		Sat	9:00-9:30am	22623	Sat	9:30-10:00am	
		22538	Tues	4:00-4:30pm	22665		Tues	6:30-7:00pm	22624	Sat	9:30-10:00am	
		22539	Tues	5:00-5:30pm	22667		Wed	6:30-7:00pm	22634	Sat	9:30-10:00am	
		22540	Tues	6:30-7:00pm	22660		Thurs	4:00-4:30pm	22625	Sat	10:00-10:30am	
		22534	Wed	4:00-4:30pm	22662		Mon	5:00-5:30pm	22631	Sat	10:00-10:30am	
		22542	Wed	5:00-5:30pm	22663		Mon	6:30-7:00pm	22630	Sat	10:30-11:00am	
		22541	Wed	6:00-6:30pm	22661		Tues	4:30-5:00pm	22632	Sat	10:30-11:00am	
		22535	Thurs	9:00-9:30am	22664		Tues	5:30-6:00pm	22626	Sat	11:00-11:30am	
22543		Thurs	5:30-6:00pm	22665	Tues		6:30-7:00pm	22628	Sat	11:00-11:30am		
22874	Thurs	6:30-7:00pm	22659	Wed	4:30-5:00pm	22627	Sat	11:30am-				
22546	Sat	9:30-10:00am	22666	Wed	5:30-6:00pm	22629	Sat	11:30am-				
22547	Sat	10:00-10:30am	22667	Wed	6:30-7:00pm	22637	Sat	1:30am-12:00pm				
22544	Sat	10:30-11:00am	22660	Thurs	4:00-4:30pm	Adult Programs (14+ years)						
22545	Sat	11:30am-12:00pm	22662	Mon	5:00-5:30pm	Course Name	Code	Day	Timeslot			
Pre-School 2 \$62.00	22548	Mon	4:30-5:00pm	Swimmer 2 \$62.00	22663	Mon	6:30-7:00pm	Adult 1	22870	Tues	7:00-7:45pm	
	22552	Mon	5:30-6:00pm		22661	Tues	4:30-5:00pm					
	22553	Mon	6:30-7:00pm		22664	Tues	5:30-6:00pm	Adult 2	22505	Thurs	7:00-7:45pm	
	22564	Tues	9:30-10:00am		22665	Tues	6:30-7:00pm					
	22549	Tues	4:00-4:30pm		22659	Wed	4:30-5:00pm	Adult 3	22506	Thurs	7:00-7:45pm	
	22554	Tues	5:00-5:30pm		22666	Wed	5:30-6:00pm					
	22555	Tues	6:00-6:30pm		22667	Wed	6:30-7:00pm					
	22551	Wed	4:30-5:00pm		22660	Thurs	4:00-4:30pm	SwimAbilities®				
	22556	Wed	5:30-6:00pm		22662	Mon	5:00-5:30pm	SwimAbilities® is a learn-to-swim program for children				
	22872	Wed	6:30-7:00pm		22663	Mon	6:30-7:00pm	requiring extra support, developed with an Occupational				
	22550	Thurs	9:30-10:00am		22661	Tues	4:30-5:00pm	Therapist. Caregivers join in the water for one-on-one				
	22557	Thurs	4:00-4:30pm		22664	Tues	5:30-6:00pm	assistance under a certified instructor's guidance.				
22559	Thurs	5:00-5:30pm	22665	Tues	6:30-7:00pm							
22558	Thurs	6:00-6:30pm	22660	Thurs	4:00-4:30pm							
22562	Sat	9:00-9:30am	22662	Mon	5:00-5:30pm							
22560	Sat	10:00-10:30am	22663	Mon	6:30-7:00pm							
22561	Sat	11:00-11:30am	22661	Tues	4:30-5:00pm							
Pre-School 3 \$62.00	22563	Mon	4:30-5:00pm	Swimmer 3 \$62.00	22664	Tues	5:30-6:00pm					
	22568	Mon	6:30-7:00pm		22665	Tues	6:30-7:00pm					
	22569	Tues	4:30-5:00pm		22660	Thurs	4:00-4:30pm					
	22576	Tues	5:30-6:00pm		22662	Mon	5:00-5:30pm					
	22570	Tues	6:30-7:00pm		22663	Mon	6:30-7:00pm					
	22565	Wed	4:00-4:30pm		22661	Tues	4:30-5:00pm					
	22571	Wed	5:30-6:00pm		22664	Tues	5:30-6:00pm					
	22566	Thurs	10:00-10:30am		22665	Tues	6:30-7:00pm					
	22572	Thurs	4:30-5:00pm		22660	Thurs	4:00-4:30pm					
	22573	Thurs	5:30-6:00pm		22662	Mon	5:00-5:30pm					
	22567	Sat	9:00-9:30am		22663	Mon	6:30-7:00pm					
	22575	Sat	10:00-10:30am		22661	Tues	4:30-5:00pm					
22574	Sat	11:00-11:30am	22664	Tues	5:30-6:00pm							
Pre-School 4 \$62.00	22568	Mon	4:15-5:00pm	Swimmer 4 \$62.00	22665	Tues	6:30-7:00pm					
	22572	Thurs	4:30-5:00pm		22660	Thurs	4:00-4:30pm					
	22573	Thurs	5:30-6:00pm		22662	Mon	5:00-5:30pm					
	22567	Sat	9:00-9:30am		22663	Mon	6:30-7:00pm					
Pre-School 5 \$66.00	22575	Sat	10:00-10:30am	Swimmer 5 \$66.00	22664	Tues	5:30-6:00pm					
	22574	Sat	11:00-11:30am		22665	Tues	6:30-7:00pm					
	22688	Mon	4:15-5:00pm		22660	Thurs	4:00-4:30pm					
	22689	Wed	6:00-6:45pm		22662	Mon	5:00-5:30pm					
Pre-School 6 \$66.00	22687	Sat	10:30-11:15am	Swimmer 6 \$66.00	22663	Mon	6:30-7:00pm					
	22690	Tues	6:00-6:45pm		22661	Tues	4:30-5:00pm					
	22873	Thurs	6:00-6:45pm		22664	Tues	5:30-6:00pm					
	22691	Sat	11:15am-12:00pm		22665	Tues	6:30-7:00pm					

SwimAbilities® is a learn-to-swim program for children requiring extra support, developed with an Occupational Therapist. Caregivers join in the water for one-on-one assistance under a certified instructor's guidance.

The program enhances safety, independence, and enjoyment in water activities.

For details, contact:

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