

# FRITZ SICK LEISURE CENTRE SCHEDULE

APRIL 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Facility Hours</b> 6:30am - 2pm	<b>Facility Hours</b> 6:30am - 2pm	<b>Facility Hours</b> 6:30am - 2pm	<b>Facility Hours</b> 6:30am - 2pm	<b>Facility Hours</b> 6:30am - 2pm	<b>Facility Hours</b> CLOSED	<b>Facility Hours</b> CLOSED
<div style="background-color: #008080; color: white; padding: 5px;">6:30am - 1pm</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">Lane Swim</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">8am - 9am Power Jog</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">9am - 10am Senior Aqua Fit</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">10am - 11am Aqua Zumba</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">12pm - 1pm Aqua Fit</div>	<div style="background-color: #008080; color: white; padding: 5px;">6:30am - 1pm</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">Lane Swim</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">9am - 10am Aqua Jog</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">10am - 11am Aqua Zumba</div>	<div style="background-color: #008080; color: white; padding: 5px;">6:30am - 1pm</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">Lane Swim</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">8am - 9am Power Jog</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">9am - 10am Senior Aqua Fit</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">10am - 11am AHS AquaLite</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">11am - 12pm Aqua Motion</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">12pm - 1pm Aqua Fit</div>	<div style="background-color: #008080; color: white; padding: 5px;">6:30am - 1pm</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">Lane Swim</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">9am - 10am Aqua Jog</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">10am - 11am Aqua Zumba</div>	<div style="background-color: #008080; color: white; padding: 5px;">6:30am - 1pm</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">Lane Swim</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">8am - 9am Power Jog</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">9am - 10am Senior Aqua Fit</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">10am - 11am AHS AquaLite</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">12pm - 1pm Aqua Fit</div>	<div style="background-color: #008080; color: white; padding: 5px;">9am - 12pm</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">Swim Lessons</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">10am - 12pm Junior Lifeguard Club</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">12pm - 6:30pm</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">Private Rental Space Available</div>	<div style="background-color: #008080; color: white; padding: 5px;">9am - 6:30pm</div> <div style="background-color: #008080; color: white; padding: 5px; margin-top: 5px;">Private Rental Space Available</div>
<div style="background-color: #90EE90; color: white; padding: 5px;">1pm - 2pm Senior Swim</div>	<div style="background-color: #90EE90; color: white; padding: 5px;">1pm - 2pm Senior Swim</div>	<div style="background-color: #90EE90; color: white; padding: 5px;">1pm - 2pm Senior Swim</div>	<div style="background-color: #90EE90; color: white; padding: 5px;">1pm - 2pm Senior Swim</div>	<div style="background-color: #90EE90; color: white; padding: 5px;">1pm - 2pm Senior Swim</div>	<div style="background-color: #008080; color: white; padding: 5px;">12pm - 6:30pm Private Rental Space Available</div>	<div style="background-color: #008080; color: white; padding: 5px;">9am - 6:30pm Private Rental Space Available</div>
<div style="background-color: #008080; color: white; padding: 5px;">5pm - 8pm Rental Swim Club</div>	<div style="background-color: #008080; color: white; padding: 5px;">5pm - 8pm Rental Swim Club</div>	<div style="background-color: #008080; color: white; padding: 5px;">5pm - 8pm Rental Swim Club</div>	<div style="background-color: #008080; color: white; padding: 5px;">5pm - 8pm Rental Swim Club</div>	<div style="background-color: #008080; color: white; padding: 5px;">5pm - 8pm Rental Swim Club</div>		

HOLIDAY HOURS
<p><b>Good Friday - April 1, 2026</b> Closed</p> <p><b>Easter Monday - April 6, 2026</b> Closed</p>

SWIMMING LESSONS
<p><b>Spring Swim Lessons</b> April 18 - June 20, 2026</p> <p><i>*No Lessons - May 16, 2026</i></p>

NOTES
<p>Visit <a href="http://RecEx.ca/Lethbridge">RecEx.ca/Lethbridge</a> to view private rental event bookings.</p>