

NICHOLAS SHERAN LEISURE CENTRE SCHEDULE

APRIL 1 - 12, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9am - 8:30pm *Facility Hours	9am - 9:30pm *Facility Hours	9am - 8:30pm *Facility Hours	9am - 9:30pm *Facility Hours	9am - 8pm *Facility Hours	12pm - 6:30pm *Facility Hours	1pm - 5pm *Facility Hours
9am - 10am Aqua Fit	9am - 10am Lane Swim	9am - 10am Aqua Fit	9am - 10am Lane Swim	9am - 10am Aqua Fit	9am - 12pm Private Rental Space Available	10am - 1pm Private Rental Space Available
9am - 10am Swim & Splash	9am - 10am Swim & Splash	9am - 10am Swim & Splash	9am - 10am Swim & Splash	9am - 10am Swim & Splash		
10am - 11:30am Open Swim	10am - 11:30am Open Swim	10am - 11:30am Open Swim	10am - 11:30am Open Swim	10am - 11:30am Open Swim	12pm - 1pm Lane Swim	12pm - 1pm Swim & Splash
11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim		
11:30am - 1:30pm Swim & Splash	11:30am - 1:30pm Swim & Splash	11:30am - 1:30pm Swim & Splash	11:30am - 1:30pm Swim & Splash	11:30am - 1:30pm Swim & Splash	11:30am - 12:30pm Leisure Swim	11:30am - 12:30pm AHS Aqua Therapy
11:30am - 12:30pm Leisure Swim	11:30am - 12:30pm AHS Aqua Therapy	11:30am - 12:30pm Leisure Swim	11:30am - 12:30pm AHS Aqua Therapy	11:30am - 12:30pm AHS Aqua Therapy		
1:30pm - 2:30pm AHS ARCP	1:30pm - 3pm Open Swim	1:30pm - 4pm Open Swim	1:30pm - 3pm Open Swim	1pm - 2pm AHS ARCP	1pm - 2:30pm Family Swim	1pm - 2pm Lane Swim
2:30pm - 4pm Open Swim	3pm - 4pm Senior Swim	4pm - 5:30pm Lane Swim	3pm - 4pm Senior Swim	2pm - 3:30pm Open Swim	2:30pm - 5:30pm Open Swim	2pm - 4pm Open Swim
4pm - 5:30pm Lane Swim	4pm - 5:30pm Lane Swim		4pm - 5:30pm Lane Swim	3:30pm - 5pm Lane Swim		4pm - 5pm Lane Swim
5:30pm - 7pm Open Swim	5:30pm - 8pm Open Swim	5:30pm - 7pm Open Swim	5:30pm - 8pm Open Swim	5pm - 7pm Open Swim	5:30pm - 6:30pm Lane Swim	5pm - 8pm Private Rental Space Available
7pm - 7:45pm Aqua Fit	7pm - 7:45pm Aqua Fit	7pm - 7:45pm Aqua Fit	7pm - 7:45pm Aqua Fit	7pm - 8pm Lane Swim	6:30pm - 8:30pm Private Rental Space Available	
7:45pm - 8:30pm Lane Swim	8pm - 9:30pm Lane Swim	7:45pm - 8:30pm Lane Swim	8pm - 9:30pm Lane Swim	7pm - 8pm Leisure Swim		
	8pm - 9:30pm Leisure Swim		8pm - 9:30pm Leisure Swim			

HOLIDAY HOURS

Good Friday - April 3, 2026
CLOSED

Easter Monday - April 6, 2026
Facility open from 1pm until 5pm
(OPEN SWIM: 1PM - 4PM) (LANE SWIM: 4PM - 5PM)

SWIMMING LESSONS

Spring Swim Lessons
April 13 - June 20, 2026
No Lessons: May 16 & 18

NOTES

*The hot tub, gym and sauna are open to the public during facility hours unless otherwise specified.

Visit RecEx.ca/Lethbridge to view private rental event bookings.