

# NICHOLAS SHERAN LEISURE CENTRE SCHEDULE

JUNE 1 - 20, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9am - 8:30pm *Facility Hours	9am - 9:30pm *Facility Hours	9am - 8:30pm *Facility Hours	9am - 9:30pm *Facility Hours	9am - 8pm *Facility Hours	12pm - 6:30pm *Facility Hours	1pm - 5pm *Facility Hours
9am - 10am Aqua Fit	9am - 10am Lane Swim	9am - 10am Aqua Fit	9am - 10am Lane Swim	9am - 10am Aqua Fit	9am - 12pm Swim Lessons	
9am - 10am Swim & Splash	9am - 11:30am Swim Lessons	9am - 10am Swim & Splash	9am - 11:30am Swim Lessons	9am - 10am Swim & Splash		
10am - 11:30am Open Swim	10am - 11:30am Open Swim	10am - 11:30am Open Swim	10am - 11:30am Open Swim	10am - 11:30am Open Swim	*HOT TUB & SAUNA CLOSED DURING LESSONS 9AM - 12PM*	10am - 1pm Private Rental Space Available
11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim	11:30am - 1:30pm Lane Swim	11:30am - 1pm Lane Swim	12pm - 1pm Lane Swim	
11:30am - 1:30pm Swim & Splash	11:30am - 1:30pm Swim & Splash	11:30am - 1:30pm Swim & Splash	11:30am - 1:30pm Swim & Splash	11:30am - 12:30pm AHS Aqua Therapy	12pm - 1pm Swim & Splash	
11:30am - 12:30pm Leisure Swim	11:30am - 12:30pm AHS Aqua Therapy	11:30am - 12:30pm Leisure Swim				
1:30pm - 2:30pm AHS ARCP	1:30pm - 3pm Open Swim	1:30pm - 4pm Open Swim	1:30pm - 3pm Open Swim	1pm - 2pm AHS ARCP	1pm - 2:30pm Family Swim	1pm - 2pm Lane Swim
2:30pm - 4pm Open Swim	3pm - 4pm Senior Swim		3pm - 4pm Senior Swim	2pm - 3:30pm Open Swim		1pm - 2pm Swim & Splash
4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	3:30pm - 5pm Lane Swim	2:30pm - 5:30pm Open Swim	2pm - 4pm Open Swim
	3:30pm - 4:30pm AHS AquaLite			5pm - 7pm Open Swim		4pm - 5pm Lane Swim
*HOT TUB & SAUNA CLOSED DURING LESSONS 4PM - 7PM*						
7pm - 7:45pm Aqua Fit	7pm - 8pm Open Swim	7pm - 7:45pm Aqua Fit	7pm - 8pm Open Swim	7pm - 8pm Lane Swim	5:30pm - 6:30pm Lane Swim	5pm - 8pm Private Rental Space Available
7:45pm - 8:30pm Lane Swim	8pm - 9:30pm Lane Swim	7:45pm - 8:30pm Lane Swim	8pm - 9:30pm Lane Swim	7pm - 8pm Leisure Swim	6:30pm - 8:30pm Private Rental Space Available	
	8pm - 9:30pm Leisure Swim		8pm - 9:30pm Leisure Swim			

## HOLIDAY HOURS

Canada Day - July 1, 2026

Facility Closed

(HENDERSON OUTDOOR POOL OPEN: 1PM - 7PM)

## SWIMMING LESSONS

Spring Swim Lessons

Last week of lessons: June 15 - 20, 2026

Summer Swim Lesson Registration

Tuesday, June 23 at 9:00am

Summer Session 1: July 6 - 17

Summer Session 2: July 20 - 31

## NOTES

\*The hot tub, gym and sauna are open to the public during facility hours unless otherwise specified.

Visit [RecEx.ca/Lethbridge](http://RecEx.ca/Lethbridge) to view private rental event bookings.