

STAN SIWIK POOL SCHEDULE

JUNE 1 - 20, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9am - 9:30pm *Facility Hours	9am - 9pm *Facility Hours	9am - 9:30pm *Facility Hours	9am - 9pm *Facility Hours	9am - 8:30pm *Facility Hours	12pm - 7pm *Facility Hours	1pm - 4pm *Facility Hours
9am - 10:15am Lane Swim	9am - 10am Lane Swim	9am - 10:15am Lane Swim	9am - 10pm Lane Swim	9am - 10:15am Lane Swim	9am - 12pm Swim Lessons	9am - 1pm Private Rental Space Available
9am - 11am Swim Lessons		9am - 1pm Swim & Splash		9am - 1pm Swim & Splash		
10:30am - 11:30am Aqua Jog	10am - 11:30am Open Swim	10:30am - 11:30am Aqua Jog	10am - 11:30am Open Swim	10:30am - 11:30am Aqua Jog	*HOT TUB & GYM CLOSED DURING LESSONS 9AM - 12PM*	
11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim		
11am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash		11:30am - 1pm Swim & Splash		12pm - 2pm Open Swim	
1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 2pm Senior Swim		1pm - 3pm Open Swim
				2pm - 4:30pm Open Swim	2pm - 3pm Lane Swim	
3pm - 4pm Senior Swim	3pm - 4pm Lane Swim	3pm - 4pm Senior Swim	3pm - 4pm Lane Swim		2pm - 3pm Swim & Splash	
4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	3pm - 4pm Family Swim	3pm - 4pm Lane Swim
HOT TUB & GYM CLOSED DURING LESSONS 4PM - 7PM						
7pm - 7:45pm Adult Swim Lessons		7pm - 7:45pm Adult Swim Lessons		4:30pm - 5:30pm Lane Swim	4pm - 6pm Open Swim	4pm - 7pm Private Rental Space Available
				5:30pm - 7pm Open Swim		
7pm - 8pm Open Swim	7:15pm - 8pm Aqua Jog	7pm - 8pm Open Swim	7:15pm - 8pm Aqua Jog		6pm - 7pm Lane Swim	
				7pm - 8:30pm Lane Swim	6pm - 7pm Leisure Swim	
8pm - 8:45pm Aqua Jog	8pm - 9pm Lane Swim	8pm - 8:45pm Aqua Jog	8pm - 9pm Lane Swim			
8:45pm - 9:30pm Lane Swim		8:45pm - 9:30pm Lane Swim			7pm - 9pm Private Rental Space Available	

HOLIDAY HOURS

Canada Day - July 1, 2026

Facility Closed

(HENDERSON OUTDOOR POOL OPEN: 1PM - 7PM)

SWIMMING LESSONS

Spring Swim Lessons

Last week of lessons: June 15 - 20, 2026

Summer Swim Lesson Registration

Wednesday, June 24 at 9:00am

Summer Session 1: July 6 - 17

Summer Session 2: July 20 - 31

NOTES

*The hot tub and gym are open to the public during facility hours unless otherwise specified.

Visit RecEx.ca/Lethbridge to view private rental event bookings.