

STAN SIWIK POOL SCHEDULE

JUNE 21 - JULY 4, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9am - 9:30pm *Facility Hours	9am - 9pm *Facility Hours	9am - 9:30pm *Facility Hours	9am - 9pm *Facility Hours	9am - 8:30pm *Facility Hours	12pm - 7pm *Facility Hours	1pm - 4pm *Facility Hours
9am - 10:15am Lane Swim	9am - 10am Lane Swim	9am - 10:15am Lane Swim	9am - 10pm Lane Swim	9am - 10:15am Lane Swim	9am - 12pm Private Rental Space Available	9am - 1pm Private Rental Space Available
10:30am - 11:30am Aqua Jog	10am - 11:30am Open Swim	10:30am - 11:30am Aqua Jog	10am - 11:30am Open Swim	10:30am - 11:30am Aqua Jog	12pm - 2pm Open Swim	1pm - 3pm Open Swim
11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	2pm - 3pm Lane Swim	3pm - 4pm Lane Swim
1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 2pm Senior Swim	2pm - 3pm Swim & Splash	3pm - 4pm Family Swim
3pm - 4pm Senior Swim	3pm - 4pm Lane Swim	3pm - 4pm Senior Swim	3pm - 4pm Lane Swim	2pm - 4:30pm Open Swim	3pm - 4pm Family Swim	4pm - 7pm Private Rental Space Available
4pm - 5:30pm Lane Swim	4pm - 5:30pm Open Swim	4pm - 5:30pm Lane Swim	4pm - 5:30pm Open Swim	4:30pm - 5:30pm Lane Swim	4pm - 6pm Open Swim	
5:30pm - 7:45pm Open Swim	5:30pm - 7pm Lane Swim	5:30pm - 7:45pm Open Swim	5:30pm - 7pm Lane Swim	5:30pm - 7pm Open Swim	6pm - 7pm Lane Swim	
8pm - 8:45pm Aqua Jog	7:15pm - 8pm Aqua Jog	8pm - 8:45pm Aqua Jog	7:15pm - 8pm Aqua Jog	7pm - 8:30pm Lane Swim	6pm - 7pm Leisure Swim	
8:45pm - 9:30pm Lane Swim	8pm - 9pm Lane Swim	8:45pm - 9:30pm Lane Swim	8pm - 9pm Lane Swim		7pm - 9pm Private Rental Space Available	

HOLIDAY HOURS

Canada Day - July 1, 2026

Facility Closed

(HENDERSON OUTDOOR POOL OPEN: 1PM - 7PM)

SWIMMING LESSONS

Summer Swim Lesson Registration

Wednesday, June 24 at 9:00am

Summer Session 1: July 6 - 17

Summer Session 2: July 20 - 31

NOTES

Women & Girls Only Swim

June 26, 2026 2:15pm - 3:15pm

Visit RecEx.ca/Lethbridge to view private rental event bookings.