

HENDERSON OUTDOOR POOL SCHEDULE

JUNE 26 - JULY 31, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:45am - 8pm Public Hours	9am - 8pm Public Hours	9:45am - 8pm Public Hours	9am - 8pm Public Hours	9:45am - 8pm Public Hours	12pm - 8pm Public Hours	12pm - 8pm Public Hours
9am - 11:30am Swim Lessons	9am - 11:30am Swim Lessons	9am - 11:30am Swim Lessons	9am - 11:30am Swim Lessons	9am - 11:30am Swim Lessons		
9:45am - 10:45am AHS AquaLite		9:45am - 10:45am AHS AquaLite		9:45am - 10:45am AHS AquaLite		
11am - 11:45am Aqua Fit		11am - 11:45am Aqua Fit		11am - 11:45am Aqua Fit		
12pm - 8pm	12pm - 8pm	12pm - 8pm	12pm - 8pm	12pm - 8pm	12pm - 8pm	12pm - 8pm
<p>*Please note that from June 26 to July 5, only open swim programming will be offered, (Monday to Sunday) from 12:00 PM to 8:00 PM. Fit classes, swimming lessons and AHS will begin July 6th.*</p>						
Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
7pm - 7:45pm Aqua Fit	7pm - 7:45pm Aqua Fit	7pm - 7:45pm Aqua Fit	7pm - 7:45pm Aqua Fit	7pm - 7:45pm Aqua Fit		

HOLIDAY HOURS

Canada Day - July 1st, 2026
OPEN (1pm - 7pm)

SWIMMING LESSONS

Summer Swim Lesson Schedule
SS1: July 6 - July 17
SS2: July 20 - July 31
Registration for SS3 & SS4 will open July 15 at 9:00am

NOTES

Aqua Zumba class that was scheduled for 10 AM to 11 AM on Tuesdays and Thursdays has been cancelled for the rest of the season. Classes will still take place on July 7, 9, 14, and 16.

Visit RecEx.ca/Lethbridge to view private rental event bookings.