

STAN SIWIK POOL SCHEDULE

AUGUST 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8am - 9:30pm *Facility Hours	8am - 9pm *Facility Hours	8am - 9:30pm *Facility Hours	8am - 9pm *Facility Hours	8am - 8:30pm *Facility Hours	12pm - 7pm *Facility Hours	1pm - 4pm *Facility Hours
8am - 9am Lane Swim	8am - 9am Lane Swim	8am - 9am Lane Swim	8am - 9am Lane Swim	8am - 9am Lane Swim		
8am - 9am Swim & Splash	8am - 9am Swim & Splash	8am - 9am Swim & Splash	8am - 9am Swim & Splash	8am - 9am Swim & Splash		
	9am - 12pm		9am - 12pm		10am - 12pm	
10:30am - 11:30am Aqua Jog	Swim Lessons	10:30am - 11:30am Aqua Jog	Swim Lessons	10:30am - 11:30am Aqua Jog	Private Rental Space Available	
MAIN POOL CLOSED DURING LESSONS 9AM - 12PM (DOES NOT APPLY TO AQUA JOG CLASS)						
12pm - 1:30pm Lane Swim	12pm - 1:30pm Lane Swim	12pm - 1:30pm Lane Swim	12pm - 1:30pm Lane Swim	12pm - 1:30pm Lane Swim	12pm - 2pm Open Swim	11am - 1pm Private Rental Space Available
12pm - 1:30pm Swim & Splash	12pm - 1:30pm Swim & Splash	12pm - 1:30pm Swim & Splash	12pm - 1:30pm Swim & Splash	12pm - 1:30pm Swim & Splash	1pm - 3:30pm Swim Lessons	
1:30pm - 3pm Open Swim	1:30pm - 3pm Open Swim	1:30pm - 3pm Open Swim	1:30pm - 3pm Open Swim	1:30pm - 2:30pm Senior Swim	2pm - 3pm Lane Swim	1pm - 3pm Open Swim
				2:30pm - 4pm Open Swim	3pm - 4pm Family Swim	
3pm - 4pm Senior Swim	3pm - 4pm Lane Swim	3pm - 4pm Senior Swim	3pm - 4pm Lane Swim			3pm - 4pm Lane Swim
4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 6pm Open Swim	4pm - 7pm Private Rental Space Available
HOT TUB & GYM CLOSED DURING LESSONS 4PM - 7PM						
					6pm - 7pm Lane Swim	
7pm - 8pm Open Swim	7:15pm - 8pm Aqua Jog	7pm - 8pm Open Swim	7:15pm - 8pm Aqua Jog	7pm - 8:30pm Lane Swim	6pm - 7pm Leisure Swim	
8pm - 8:45pm Aqua Jog	8pm - 9pm Lane Swim	8pm - 8:45pm Aqua Jog	8pm - 9pm Lane Swim		7pm - 9pm Private Rental Space Available	
8:45pm - 9:30pm Lane Swim		8:45pm - 9:30pm Lane Swim				

HOLIDAY HOURS

Heritage Day - Monday, August 3

CLOSED

Henderson Outdoor Pool

OPEN (1pm - 7pm)

Weather permitting

SWIMMING LESSONS

Summer Swim Lesson Schedule

SS3: August 4 - 14

SS4: August 17 - 28

No lessons on Monday, August 3

NOTES

*The hot tub and gym are open to the public during facility hours unless otherwise specified.

Visit RecEx.ca/Lethbridge to view private rental event bookings.

Stan Siwik Pool

1901 15 Ave N

403-320-3054

Facility schedules are subject to change and may be impacted by regularly scheduled or emergency maintenance. Please check aquatics.lethbridge.ca for the most up-to-date information.

recex.ca/lethbridge | leth@recreationexcellence.com

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