

STAN SIWIK POOL SCHEDULE

NOVEMBER 1-29, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9am - 9:30pm *Facility Hours	9am - 9pm *Facility Hours	9am - 9:30pm *Facility Hours	9am - 9pm *Facility Hours	9am - 8:30pm *Facility Hours	12pm - 7pm *Facility Hours	1pm - 4pm *Facility Hours
9am - 10:15am Lane Swim	9am - 10am Lane Swim	9am - 10:15am Lane Swim	9am - 10am Lane Swim	9am - 10:15am Lane Swim	9am - 12pm Swim Lessons	9am - 12pm Swim Lessons
9am - 11:30am Swim Lessons	10am - 11:30am Open Swim	10:30am - 11:30am Aqua Jog	10am - 11:30am Open Swim	10:30am - 11:30am Aqua Jog	*HOT TUB & GYM CLOSED DURING LESSONS 9AM - 12PM*	
10:30am - 11:30am Aqua Jog						
11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	12pm - 2pm Open Swim	1pm - 3pm Open Swim
11:30am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash		
1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 2pm Senior Swim	2pm - 3pm Lane Swim	2pm - 3pm Swim & Splash
				2pm - 4:30pm Open Swim	3pm - 4pm Family Swim	3pm - 4pm Lane Swim
3pm - 4pm Senior Swim	3pm - 4pm Lane Swim	3pm - 4pm Senior Swim	3pm - 4pm Lane Swim		4pm - 6pm Open Swim	4pm - 7pm Private Rental Space Available
4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4:30pm - 5:30pm Lane Swim		
7pm - 7:45pm Adult Swim Lessons		7pm - 7:45pm Adult Swim Lessons		5:30pm - 7pm Open Swim	6pm - 7pm Lane Swim	6pm - 7pm Leisure Swim
HOT TUB & GYM CLOSED DURING LESSONS 4PM - 7PM					7pm - 9pm Private Rental Space Available	
				7pm - 8:30pm Lane Swim		
7pm - 8pm Open Swim	7:15pm - 8pm Aqua Jog	7pm - 8pm Open Swim	7:15pm - 8pm Aqua Jog			
8pm - 8:45pm Aqua Jog	8pm - 9pm Lane Swim	8pm - 8:45pm Aqua Jog	8pm - 9pm Lane Swim			
8:45pm - 9:30pm Lane Swim		8:45pm - 9:30pm Lane Swim				

HOLIDAY HOURS

Remembrance Day

Wednesday, November 11, 2026

Facility open from 1pm until 5pm

(open swim 1pm until 4pm, lane from 4pm until 5pm)

PROGRAMMING

Fall Swimming Lessons

Last week of swimming lessons is November 23 to 29

Women & Girls Only Swim

Friday, November 27 | 2:15pm - 3:15pm

NOTES

*The hot tub and gym are open to the public during facility hours unless otherwise specified.

Visit [RecEx.ca/Lethbridge](https://recex.ca/Lethbridge) to view private rental event bookings.