

STAN SIWIK POOL SCHEDULE

OCTOBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9am - 9:30pm *Facility Hours	9am - 9pm *Facility Hours	9am - 9:30pm *Facility Hours	9am - 9pm *Facility Hours	9am - 8:30pm *Facility Hours	12pm - 7pm *Facility Hours	1pm - 4pm *Facility Hours
9am - 10:15am Lane Swim	9am - 10am Lane Swim	9am - 10:15am Lane Swim	9am - 10am Lane Swim	9am - 10:15am Lane Swim	9am - 12pm Swim Lessons	9am - 12pm Swim Lessons
9am - 11:30am Swim Lessons	9am - 11:30am Swim Lessons		9am - 11:30am Swim Lessons		*HOT TUB & GYM CLOSED DURING LESSONS 9AM - 12PM*	
10:30am - 11:30am Aqua Jog	10am - 11:30am Open Swim	10:30am - 11:30am Aqua Jog	10am - 11:30am Open Swim	10:30am - 11:30am Aqua Jog		
11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	11:30am - 1pm Lane Swim	12pm - 2pm Open Swim	
11:30am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash	11:30am - 1pm Swim & Splash		
1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 3pm Open Swim	1pm - 2pm Senior Swim	2pm - 3pm Lane Swim	1pm - 3pm Open Swim
				2pm - 4:30pm Open Swim	2pm - 3pm Swim & Splash	
3pm - 4pm Senior Swim	3pm - 4pm Lane Swim	3pm - 4pm Senior Swim	3pm - 4pm Lane Swim		3pm - 4pm Family Swim	3pm - 4pm Lane Swim
4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4pm - 7pm Swim Lessons	4:30pm - 5:30pm Lane Swim	4pm - 6pm Open Swim	4pm - 7pm Private Rental Space Available
7pm - 7:45pm Adult Swim Lessons		7pm - 7:45pm Adult Swim Lessons		5:30pm - 7pm Open Swim	6pm - 7pm Lane Swim	
HOT TUB & GYM CLOSED DURING LESSONS 4PM - 7PM					6pm - 7pm Leisure Swim	
7pm - 8pm Open Swim	7:15pm - 8pm Aqua Jog	7pm - 8pm Open Swim	7:15pm - 8pm Aqua Jog	7pm - 8:30pm Lane Swim	7pm - 9pm Private Rental Space Available	
8pm - 8:45pm Aqua Jog	8pm - 9pm Lane Swim	8pm - 8:45pm Aqua Jog	8pm - 9pm Lane Swim			
8:45pm - 9:30pm Lane Swim		8:45pm - 9:30pm Lane Swim				

HOLIDAY HOURS	PROGRAMMING	NOTES
Thanksgiving Day Monday, October 12, 2026 Facility open from 1pm until 5pm <i>(open swim 1pm until 4pm, lane from 4pm until 5pm)</i>	Fall Swimming Lessons September 21 - November 28 <i>No lessons October 10, 12 & November 11</i>	*The hot tub and gym are open to the public during facility hours unless otherwise specified. Visit RecEx.ca/Lethbridge to view private rental event bookings.

Stan Siwik Pool
1901 15 Ave N
403-320-3054

Facility schedules are subject to change and may be impacted by regularly scheduled or emergency maintenance.
Please check aquatics.lethbridge.ca for the most up-to-date information.

recex.ca/lethbridge | leth@recreationexcellence.com

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